WELLNESS WORKSHOP

SAVINGS

eMoney

AMERICA SAVES WEEK

TODAY'S AGENDA

- Learn about America Saves Week
- Learn about 5 Types of Savings

PROUD TO BE A PARTICIPATING ORGANIZATION

AMERICA SAVES WEEK

FEBRUARY 27 - MARCH 3, 2023

americasavesweek.org

AMERICA SAVES WEEK 2023

Monday

Automatic Savings

Tuesday

Save for the Unexpected

Wednesday

Saving for a Major Milestone

Thursday

Paying Down Debt is Saving

Friday

Saving at Any Age

#IMSAVINGFOR

- Tell eMoney what your savings goal is for a chance to win 100 eMpower Points!
- Pledge, Register, Watch, & Comment on the Replay of the ASW Town Hall for a Chance to Win $1,000 in their Sweepstakes!

https://americasaves.org
https://americasaves.org/for-savers/official-rules/
https://americasaves.org/town-halls/town-hall-real-ways-to-save-today/
https://www.youtube.com/live/ynueVD46TtY?feature=share

SAVE AUTOMATICALLY

Start Small

Start with even $5 to $10 per week or paycheck

Keep It Secure

Utilize a bank account or credit union to save automatically

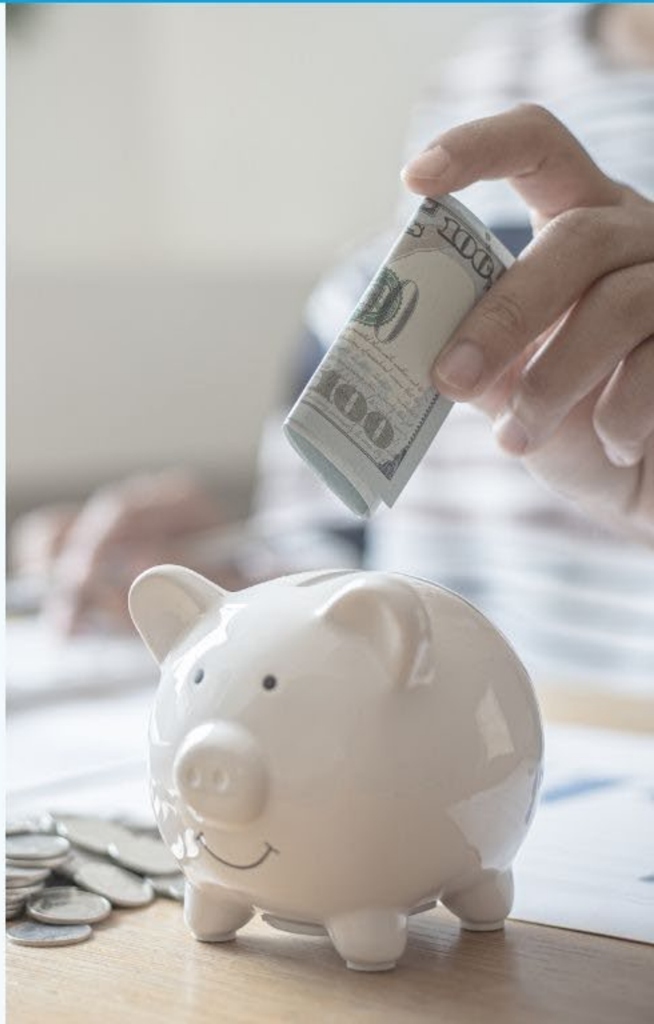
Practical Application

eMoney Bonus

- Increase your 401(k) contribution
- Add funds after-tax to your HSA
- Save money towards a goal/emergency savings

2022 Tax Refund

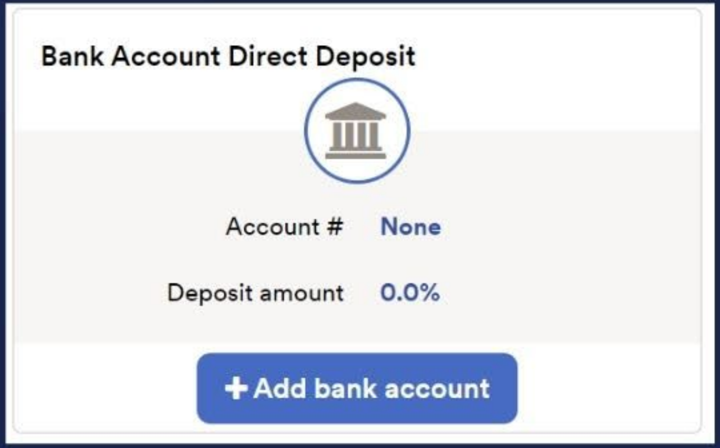
- Split your direct deposit among two or three different accounts.
- This can be done electronically or with Form 8888 (if you paper file)



USE ADP TO CREATE SPLIT PAY

Enroll into a separate savings account -- can be online or in person at a bank/credit union

Log into ADP > Myself > Payment Options > + Add Bank Account



SAVING AUTOMATICALLY IS THE FORMULA FOR SUCCESS!

SAVE FOR THE UNEXPECTED

Save Automatically

Consistency is key and helps build confidence!

Set a Goal

Set a goal of saving $500 for emergencies and once you reach this amount, set a new goal for another $500.

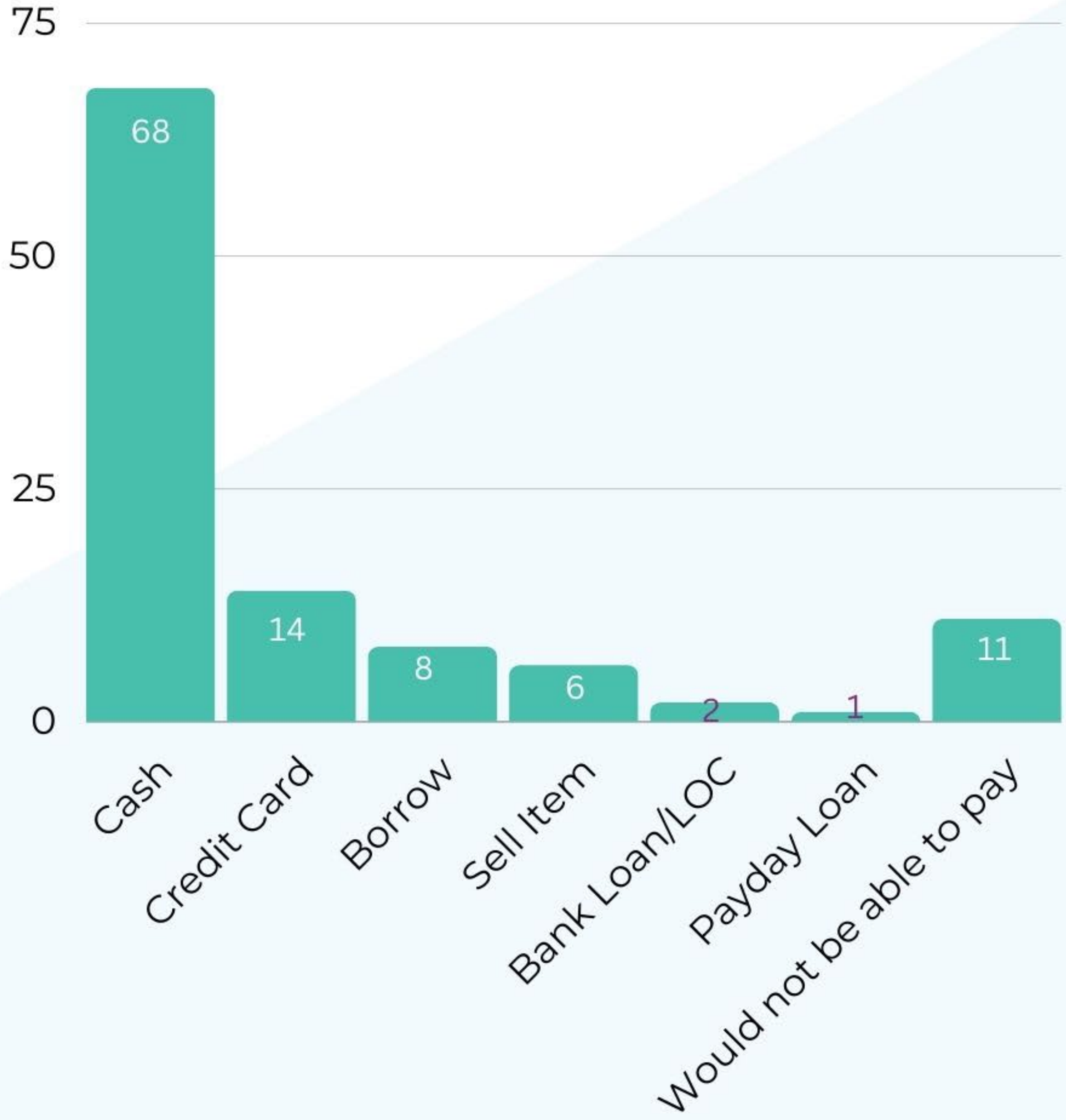
Flip the Switch

Instead of focusing on the negative aspect of saving for an emergency, think of it as a saving for opportunities

UNEXPECTED EXPENSE

When faced with a hypothetical expense of $400 - how would an individual cover that cost?

*individuals could pick more than one option



https://www.federalreserve.gov/publications/2022-economic-well-being-of-us-households-in-2021-dealing-with-unexpected-expenses.htm

SAVING FOR MAJOR MILESTONES

Define your Savings

Is there a milestone you want to fund?

Set the Goal(s)

Which goal would you like to save for? Downpayment on a home, your child's education or retirement? All of the above?

Consumer Financial Protection Bureau

https://www.consumerfinance.gov/consumer-tools/

SAVING FOR RETIREMENT

Social Security

Social Security is not designed to be anyone's sole income in retirement - only about 40%

Tax Benefits

Tax-deferred retirement accounts (like traditional 401(k) reduce the amount of taxes your own in income

Compounding

When earnings on your investments, along with the original investment, are reinvestment.

529 PLAN

What is it?

- Investment account used to pay for qualified education expenses for a designated beneficiary.

How does it work?

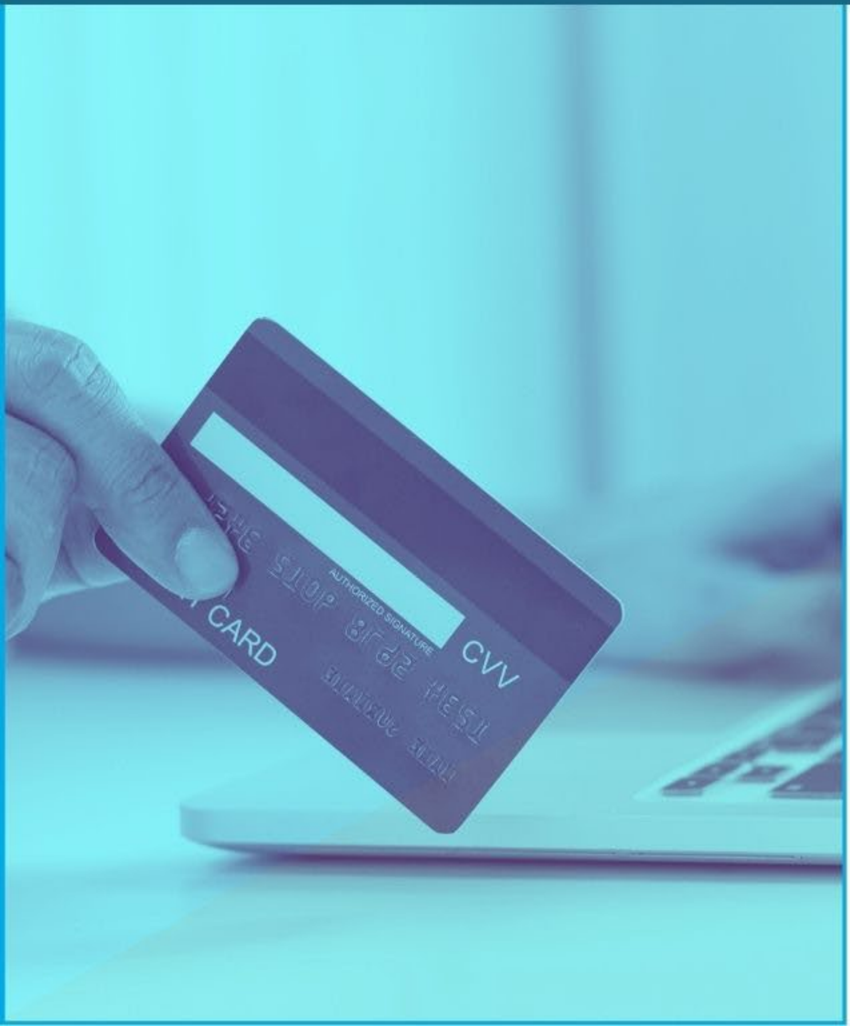
- The money grows on a tax-deferred based until it is withdrawn. As long as the money is used for qualified educational expenses - it's not subject to state or federal taxes.

https://www.investopedia.com/terms/1/529plan.asp#toc-what-is-a-529-plan

SAVING FOR RETIREMENT VS SAVING FOR COLLEGE

- Most experts agree that retirement should take priority over your child's education.
- With proper planning you can save for both goals.
- There are financial aid opportunities for college students, but you can't borrow money for retirement!

https://www.thebalancemoney.com/paying-for-college-and-retirement-4159743



PAYING DOWN DEBT IS SAVING

Make a List

Of your creditors with minimum payment and APR

Use a Method

Do you want to use snowball or avalanche method?

Be Mindful

Once the debt is gone, what type of relationship will you have with credit?

DEBT REDUCTION METHODS

SNOWBALL

Focus is on the balances of each loan. Make the minimum payments on all your loans except the smallest balance. Pay as much as you can towards it. Once paid off allocate that money to the next smallest balance!

AVALANCHE

Focus is on the interest rate of each loan. Make the minimum payments on all your loans, but apply extra funds to the highest interest rate. This method helps reduce the amount of interest you must pay.

SAVING AT ANY AGE WITH CHILDREN

Start Early

Children's money habits are often formed by age 7 so starting to teach them about saving can have a huge impact

Make it Fun

Track progress towards a goal, provide regular encouragement, and use incentives like matching funds

It's Important

A child who has school savings up to $500 prior to reaching college age is 3x more likely to enroll in college and 4x more likely to graduate from college than a child with no savings account.

Elliott, W., Song, H-a, and Nam, I. (2013). Small-dollar children's saving accounts and children's college outcomes by income level. Children and Youth Services Review, 35 (3), p. 560-571.

MONEY AS YOU GROW BOOKSHELF

Those Shoes

See what happens when Jeremy prioritizes buying a pair of black high tops.

Sam and the Lucky Money

Find out how small amounts make a big difference during Sam's trip to Chinatown.

Count on Pablo

Find out how Pablo practices flexibility at the vegetable market.

Alexander, Who Used to Be Rich Last Sunday

Find out what Alexander learns about self-control after he overspends.

cfpb Consumer Financial Protection Bureau

FPG OFFICE HOURS - MEET WITH A PLANNER

- 100% Private and Confidential
- One on one with a financial professional

THANK YOU

eMoney

WELLNESS WORKSHOP

https://life.emoneyadvisor.com/business-unit/financial-planning/fpg-office-hours/

AMERICA SAVES WEEK